

The 2018 Age Group County Championships Inclusive of Multi Classification Events

20th & 21st January, 3rd & 4th February to be held at TBC

Licensed at Level 2 Number 2LR180224 & 2LR180225

Under ASA laws & FINA Technical Rules of Swimming.

2018 County Age Group Championships

All Sessions times are approximate and will be finalised when the entries are received.

The full rules of the competition are published on the County Website: www.middlesexswimming.com but you should note the following:

1. **Team Managers please advise all swimmers and parents/guardians of the following. Nobody other than gala staff may enter the building more than 15 minutes prior to the start of warm up for the morning session. Neither the County nor the pool staff will be responsible for the health and safety of anybody entering before the commencement of our hire of the premises.**
2. All swimmers **must** be registered with the ASA category 2 and no unregistered swimmer will be accepted in the competition. If you have a swimmer who does not know their registration number you can get this from the ASA website. The appropriate registration form must have been received by the relevant governing body at least 60 days prior to the first day of the Competition.
3. Swimmers must be 10-13 years old by 31st December 2018.
4. The events will be:
50m, 100m, 200m, all strokes; 100 & 200m IM for boys and girls aged 10-13;
400m freestyle for boys & girls aged 10-13; 400m IM for boys & girls aged 12-13
800m freestyle for girls aged 12-13; 1500m freestyle for boys aged 12-13
4 x 50m F/S relay & Medley relay (maximum of 3 teams per club). Team Age groups will be 10/11, 12, and 13

Multi-Classification events will be

Event	Male	Female	Event	Male	Female
50m Freestyle	S1-S14	S1-S14	100m Butterfly	S8-S14	S8-S14
100m Freestyle	S1-S14	S1-S14	100m Backstroke	S1,S2 & S6-S14	S1 & S6-S14
200m Freestyle	S1-S5 & S14	S1-S5 & S14	100m Breaststroke	SB4-SB9, SB11-SB14	SB4-SB9, SB11-SB14
200m Individual Medley	SM5-SM14	SM5-SM14			

5. For Multi-Classification entries, entries need to be sent to the competition secretary for manual entering. Any Multi Classification events with less than 4 entries may be merged into the relevant Able-Bodied events.
All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer who has assistance as specified above may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge. If there are more multi classified swimmers than the number of lanes available for a heat, then the swimmers with the fastest entry times will be accepted, however the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.
6. ENTRY QUALIFYING and CONSIDERATION TIMES (short course) are shown in these instructions. For swimmers age 8 who will be turning 9 between 1st September and 31st December 2017, times submitted do not need to be on rankings for entry as a 10 year old for the County Championships in 2018. However, a time achieved in a time trial must be submitted. For everyone else entry time **MUST** have been achieved since 1st January 2017 and times entered must be confirmed by ASA rankings. All times to be converted to short course by use of the ASA Equivalent Performance Tables. **All competitors equaling or bettering the 'auto' entry qualifying time (the "qualifying time") in an event will be accepted. Competitors whose times equal or better the consideration time as published may be accepted subject to space being available.** There will be no Multi-Classification qualifying times.
Any club found to be submitting entry times other than those actually achieved by swimmers will be reported to the County Disciplinary Committee.
7. The County reserves the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety. Entries will not be accepted from clubs with outstanding debts to MCASA. Entries will be accepted on a timed order fastest being first, but with possible consideration to balancing out the numbers in each age category. The only situation where refunds will be given is to swimmers who are denied entry because of restricted space. NO OTHER MONIES WILL BE REFUNDED.
8. Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
9. FINALS will be held only for 50m and 100m events for each individual age group (10/11, 12, 13). The remaining events will be decided on the heat declared winner basis. Finalists and up to two reserves will be announced as soon as possible after the heats have been completed. Withdrawals from finals, including reserves, must be notified to the recording desk not more than 20 minutes after the finalists have been announced.
10. Clubs entering more than 10 swimmers **MUST** download the Hy-Tek Team Manager file from The Middlesex website: www.middlesexswimming.com and return the entry file to competitionsecretary@middlesexswimming.com. Please note that if a Club enters more than 10 swimmers by means of entry forms rather than Hy-Tek Manager Event File, these entries will incur an administration fee of £10.00.
11. Entry fees shall be £7.50 for 50m, 100m, 200m & 400m Events, £12.00 for 800m & 1500m Events and £10.50 for Team Events. **Entry to the seating area together with the programme will be free for spectators.**
12. Entry Summary form needs to be completed and returned to Mrs Leah Pullen at 16 Amherst Road, London, W13 8ND. Full amount plus coach meals must be made directly into the bank via BACS transfer: HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961 (Please give club code as reference followed by CC18. e.g. EALL_AGCC18)

Competition Secretary: Leah Pullen. 16 Amherst Road, London, W13 8ND email: competitionsecretary@middlesexswimming.com

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Except for the 800m and 1500m, this meet will operate as a **CARDLESS** meet. Please use the withdrawal forms enclosed with the pack to withdraw any swimmers. On the day any withdrawals must be made at least 40 minutes before the start of each session. **Failure to withdraw in adequate time may result in the club being fined £5 per swimmer per event and £10 per team for relays.** Should a swimmer be withdrawn by mistake by the meet manager, the swimmer shall be reinstated. All fines are to be levied on the swimmer's club. The fine shall be reduced by 50% if paid within 28 days.

13. **All club workforce coordinators are asked to circulate the enclosed volunteer form to their volunteer base.**
14. Clubs are reminded of their duty of care to their swimmers during a meet and that they should have with them full contact details of parents/guardians for all swimmers attending the meet. They should also hold any details on medical conditions that may be deemed necessary. Coaches/Team Managers will only be allowed on poolside if visibly wearing a coach's pass. To apply for a new Coach Pass: Follow [link](https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_stabilid_=93954): (https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_stabilid_=93954). Coaches and Team Managers should be club trained personnel and registered members of ASA. Untrained parents without a current DBS certificate are not allowed to take charge of swimmers' poolside.
15. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter or the Meet Administrator.

Trophies: Junior and Overall Fastest Championship Trophies will be presented for each event once the competition has finished and all results have been collated.

LICENSING: The Competition is licensed level 2 and achieved times may be used for entry into Regional Championships.

COUNTY TEAMS: Swimmers should be aware that in order to be eligible for selection for County Teams they must have entered in at least one County Competition per calendar year.

All Events: AGES TO BE TAKEN AS AT midnight on 31st DECEMBER 2018

CLOSING DATE FOR ENTRIES FOR AGE GROUPS 7th DECEMBER 2017

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MCASA AGE GROUP QUALIFYING TIMES 2018 (25m) *Ages as of 31st December 2018

Boys							Girls					
10/11y		12y		13y			10/11y		12y		13y	
Auto	Conn	Auto	Conn	Auto	Conn		Auto	Conn	Auto	Conn	Auto	Conn
35.00	42.00	33.50	41.00	31.00	40.00	50 FS	36.00	40.00	33.00	39.00	32.50	39.00
1.18.00	1.30.00	1.11.00	1.19.00	1.09.00	1.15.00	100 FS	1.18.20	1.30.00	1.11.50	1.19.50	1.09.50	1.15.10
3.00.00	3.26.00	2.34.00	2.46.00	2.24.00	2.37.00	200 FS	3.00.00	3.26.00	2.35.00	2.47.00	2.26.00	2.37.00
6.20.00	7.00.00	5.40.00	6.00.00	5.15.00	6.00.00	400 FS	6.21.00	7.00.00	5.40.00	6.00.00	5.18.00	6.00.00
						800FS	xxxxx	xxxx	11.17.00	11.25.00	10.35.00	11.20.00
xxxx	xxxx	22.05.00	24.00.00	21.04.00	23.00.00	1500FS						
47.05	50.00	44.00	48.00	42.00	44.30	50 Breast	46.00	50.50	44.30	48.00	42.10	44.00
1.42.00	1.48.00	1.35.00	1.45.00	1.31.00	1.41.00	100 Breast	1.42.20	1.48.40	1.35.00	1.44.50	1.30.00	1.40.00
3.36.00	4.00.00	3.22.00	3.30.00	3.18.00	3.28.00	200 Breast	3.36.10	4.00.00	3.22.10	3.30.50	3.18.00	3.29.00
40.00	45.00	38.50	43.00	36.00	41.00	50 Butterfly	40.00	45.00	37.00	42.00	35.00	41.00
1.38.00	1.45.00	1.22.00	1.36.00	1.20.00	1.34.00	100 Butterfly	1.39.50	1.50.00	1.29.00	1.38.00	1.25.00	1.35.00
3.35.00	3.50.00	3.13.00	3.36.10	3.04.90	3.27.10	200 Butterfly	3.45.00	3.56.20	3.13.50	3.39.00	3.03.00	3.28.00
40.00	46.00	39.00	43.00	37.00	41.00	50 Back	41.50	46.00	39.00	43.00	38.00	41.00
1.31.00	1.38.00	1.24.00	1.32.00	1.20.00	1.27.00	100 Back	1.31.30	1.39.00	1.24.00	1.32.00	1.18.00	1.25.00
3.12.00	3.20.00	2.54.50	3.10.00	2.45.00	2.59.00	200 Back	3.12.00	3.20.60	2.55.00	3.10.00	2.48.00	3.00.00
1.31.00	1.40.00	1.24.00	1.32.00	1.20.00	1.27.00	100 IM	1.31.00	1.40.00	1.24.10	1.32.00	1.21.00	1.27.00
3.16.30	3.28.00	2.57.00	3.13.00	2.43.50	2.52.00	200 IM	3.16.80	3.28.00	3.00.00	3.14.00	2.45.30	2.55.00
xxxx	xxxx	6.40.70	7.00.00	6.02.50	6.30.50	400IM	xxxx	xxxx	6.41.00	7.00.00	6.05.00	6.35.00

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PROGRAMME OF EVENTS

AGE GROUP		
Saturday 20th January 2018		
At TBC		
Session 1 Warm up 8:00 Start 9:00 (tbc)		
1	Girls 10-13	100m IM
2	Boys 10-13	100m Freestyle
3	Girls 10-13	100m Butterfly
4	Boys 10-13	200m Backstroke
5	Girls 10-13	400m Freestyle
F2	Final Girls 10-13	100m Butterfly
F3	Final Boys 10-13	100m Freestyle
F1	Final Girls 10-13	100IM
Session 2 Warm up tbc		
6	Boys 12-13	1500m Freestyle
7	Girls 10-13	50m Backstroke
8	Boys 10-13	50m Freestyle
9	Girls 10-13	200m Breaststroke
10	Boys 10-13	200m Butterfly
F7	Final Girls 10-13	50m Backstroke
F8	Final Boys 10-13	50m Freestyle

AGE GROUP		
Sunday 21st January 2018		
At TBC		
Session 3 Warm up 8:00 Start 9:00 (tbc)		
20	Boys 10-13	100m IM
21	Girls 10-13	100m Freestyle
22	Boys 10-13	100m Butterfly
23	Girls 10-13	200m Backstroke
24	Boys 10-13	400m Freestyle
F21	Final Boys 10-13	100m Butterfly
F22	Finals Girls 10-13	100m Freestyle
F20	Final Boys 10-13	100m IM
Session 4 Warm up tbc		
25	Girls 12-13	800m Freestyle
26	Boys 10-13	50m Backstroke
27	Girls 10-13	50m Freestyle
28	Boys 10-13	200m Breaststroke
29	Girls 10-13	200m Butterfly
F26	Final Boys 10-13	50m Backstroke
F27	Final Girls 10-13	50m Freestyle

AGE GROUP		
Saturday 3rd February 2018		
At TBC		
Session 5 Warm up 08:00 Start 09:00 (tbc)		
30-32	Girls 10-13	4 x 50 Medley relay
33-35	Boys 10-13	4 x 50 Free relay
36	Girls 10-13	100m Backstroke
37	Boys 10-13	100m Breaststroke
38	Girls 12-13	400m IM
F37	Boys 10-13	100m Breaststroke
F36	Girls 10-13	100m Backstroke
Session 6 Warm up tbc		
39	Girls 10-13	50m Breaststroke
40	Boys 10-13	50m Butterfly
41	Girls 10-13	200m IM
42	Boys 10-13	200m Freestyle
F39	Final Girls 10-13	50m Breaststroke
F40	Final Boys 10-13	50m Butterfly

AGE GROUP		
Sunday 4th February 2018		
At TBC		
Session 7 Warm up 08:00 Start 09:00 (tbc)		
43-45	Boys 10-13	4 x 50 Medley relay
46-48	Girls 10-13	4 x 50 Free relay
49	Boys 10-13	100m Backstroke
50	Girls 10-13	100m Breaststroke
51	Boys 12-13	400m IM
F50	Girls 10-13	100m Breaststroke
F49	Boys 10-13	100m Backstroke
Session 8 Warm up tbc		
52	Boys 10-13	50m Breaststroke
53	Girls 10-13	50m Butterfly
54	Boys 10-13	200m IM
55	Girls 10-13	200m Freestyle
F52	Final Boys 10-13	50 Breaststroke
F53	Final Girls 10-13	50 Butterfly

CLOSING DATE FOR AGE GROUP ENTRIES 7th December 2017