



ROLE DESCRIPTION SWIMMING TEACHER/COACH

ROLE OF SWIMMING TEACHER/COACH

Swimming teachers help people of all ages and abilities to develop swimming skills and techniques, or teach exercise in water. Swimming coaches train competitive swimmers.

DUTIES OF A SWIMMING TEACHER/COACH

As a swimming teacher or coach you would:

- teach or coach one-to-one or in small group or larger groups
- identify participants' abilities
- plan and deliver sessions appropriate to the level of swimmer
- make sure safety standards are followed in all sessions
- check that life-saving equipment is in working order
- provide explanations and demonstrate swimming techniques
- set ground rules for each session
- correct faults in swimming techniques and identify ways to improve performance
- evaluate sessions and give feedback
- organise and supervise assistants and helpers as directed by the Head Coach
- ensure you operate under the guidance of, and in accordance with the directions of the Head Coach
- You may also need to deal with minor injuries and accidents.

QUALIFICATIONS AND EXPERIENCE REQUIRED

- All swimming teachers/coaches must have achieved as a minimum either:
- ASA/UKCC Level 1 Certificate for Teaching Aquatics ('aquatics' is the term used by ASA to describe swimming teaching), or
- ASA/UKCC Level 1 Certificate for Coaching Swimming.
- Completing a qualification at level 1 will qualify you to support fully-qualified teachers or coaches.
- Before you can work on your own without supervision you will then need to complete one of the following:
- ASA/UKCC Level 2 Certificate for Teaching Aquatics
- ASA Level 2 Certificate for Teaching (Aquafit)
- ASA/UKCC Level 2 Certificate for Coaching Swimming (Swimming, Synchronised Swimming, Diving or Water Polo).
- Hold a current National Rescue Award for Swimming Teachers and Coaches (NRASTC)

FURTHER QUALIFICATIONS AVAILABLE

- Once you have the ASA/UKCC Level 2 Certificate for Coaching Swimming, you can qualify as a senior coach by completing the ASA/UKCC Level 3 Certificate for Coaching Swimming.
- A Level 4 Certificate for Coaching is being developed – completing this will qualify you to coach competitive athletes at the highest level.
- At all levels you can keep your skills up to date and develop your knowledge by attending seminars and short courses in subjects such as child protection. Visit the



ASA website for more details on their range of courses and opportunities for continuing professional development (CPD).

SKILLS AND KNOWLEDGE REQUIRED

- Interest and ability in swimming
- Good spoken communication skills
- The ability to inspire confidence and motivate swimmers
- Perseverance and patience
- The ability to encourage people and put them at ease

COMMITMENT/TIME FOR THE ROLE

- The actual working hours will vary depending upon the needs of the club and will involve:
- Evenings and weekends as required;
- Attendance as required at specified training sessions and competitions representing the Borough of Harrow Swimming Club.
- Covering for other teachers/coaches as required during periods of holidays or absence through illness.